

Why Ora?

Empowering Māori career and employment aspirations so that our whānau can flourish

April 2021

Issue 11



Why Ora PROMOTION



Photo: Waitara High School students

The Why Ora team have been on the road catching up with our secondary school taura, promoting Why Ora and getting students registered for 2021.

If we have not yet seen you and you would like to join the programme please contact
Carla Jones.

carla@whyora.org.nz
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Photo: Sacred Heart Girls College students

What's coming up...

April:

- Rapuara Hauora workshop 1

May:

- Rapuara Hauora workshop 2

June

- Rapuara Hauora workshop 3



Photo (L-R): Carla Jones, Olivia Ratana, Michelle Martin, Ngawai Henare and Tanya Anaha

Celebrating 10 years

Why Ora would like to acknowledge Ngawai Henare and Michelle Martin for their knowledge and strength over the past 10 years. Ngawai was one of the original founders of Whakatipuranga Rima Rau Trust (Why Ora) alongside Gloria Campbell (Ministry of Social Development) and Tanya Anaha (General Manager, Why Ora) back in 2010.

E hara taku toa I te toa takitahi engari he toa takimano

1ST YEAR TERTIARY STUDENTS

| | | |
|--------------------------|----------------------------------|---------------------------------------------|
| Jack Alleman | Francis Douglas Memorial College | Health Science |
| Caitlin O'Connell | Sacred Heart Girls College | Health Science |
| Jasmin Lee Tyler | Inglewood High School | Health Science |
| Pheobe Turner O O'Carrol | Waitara High School | Health Science |
| Madeline Hall | Sacred Heart Girls College | Health Science |
| Nikita Ploeg | Waitara High School | Nursing |
| Emma Cummings | Inglewood High School | Nursing |
| Charlee Poingestre | Hawera High School | Nursing |
| Quba Robbie | Spotswood College | Nursing |
| Jayven Pullen | New Plymouth Boys High School | Psychology |
| Ethan Ngatai | Francis Douglas Memorial College | Psychology |
| Tegan Werahiko | Opunake High School | Certificate in Health and Wellbeing |
| Leah Gibbon | Stratford High School | Certificate in Health and Wellbeing |
| Kaia Ormsby | New Plymouth Boys High School | Certificate in Mental Health and Addictions |



PHOEBE TURNER O'CARROLL

FIRST YEAR TERTIARY

WAITARA HIGH SCHOOL

TE ATIAWA

Phoebe joined the Why Ora Whānau back in 2016 when she first attended our Pūtaiao expo as a Year 10 student at Waitara High School.

Phoebe continued on to our Rapuara Hauora workshops during year 11 and 12 and through this time became focused on a career in medicine.

To support her journey and career path we recommended at Year 12 that she attended the Whakapiki Ake MASH (Māori Achieving Success in Health) programme which is a four-day, academic enrichment programme held at Waipapa Marae, The University of Auckland. Māori students who are interested in a career in health gain an insight into Auckland University's Faculty of Health and the support that is offered by Whakipiki Ake and an introduction to the MAPAS (Māori and Pacific Administration Scheme) pathway into a health degree.

“WhyOra has been really helpful to me deciding on a path for my future and then guiding me through all the processes I've had to go through to ensure my success so far”

Phoebe Turner O'Carroll



Photo L-R: Sam King (Registrar), Phoebe O'Carroll, Aiden Crawley-Tobin (Senior House Officer)

In Year 13 Phoebe transitioned on to the Matakī Programme shadowing two of our House officers at Taranaki District Health Board. Both Aidan pictured (right) and Sam (left) studied at Auckland University and were a part of Whakapaiki Ake and Sam entered Via MAPAS himself, a very similar pathway to the one that Phoebe wanted to take.

Phoebe then attended COACH (Creating Opportunities for a Career in Health), a four-day, Year 13 transitioning programme held at Waipapa Marae, The University of Auckland.

At the end of Year 13 Phoebe wasn't happy with her overall results and decided to stay on a further year at school and continue with her studies to ensure her entrance in to a medical degree.

Phoebe has now started at Auckland University and is feeling confident and excited to begin her medical studies journey.

Taranaki DHB Scholarships/ grants



Taonganui Marino

Kenny Hau

Liam Matuku

Amy Dellar

Renee Graystone

Sharlaye Bardsley

Emma Hau

Ariana Kereopa

Paloma Aston

Grace George

Samuel George

Kayla Hemara-Wahanui

Physiotherapy

Medicine

Medicine

Nursing

Nursing

Medical Imaging

Midwifery

Pharmacy

Social Work

Medicine

Medicine

Nursing

Ngāti Porou Harautau

Taranaki Iwi

Ngāti mutunga

Ngāpuhi

Ngāruahine

Ngāti Ruanui

Te Atiawa - Taranaki

Ngāti Rangī

Ngāti Tahu

Ngāti Tahu

Ngāruahine



**Taranaki District Health Board
Scholarship Recipients 2020**

Photo (L-R): Taonganui Marino, Grace George, Liam Matuku, Sharlaye Bardsley, Sam George, Ariana Kereopa and Amy Dellar

PETER MCKENZIE PROJECT

A RAY OF LIGHT AND HOPE



As a not-for-profit organisation Why Ora is dedicated to working towards positive change so that our whānau can flourish. The way we do this is to grow the Māori workforce in health, education and other sectors, so that whānau are empowered to take up meaningful careers, their incomes increase, and these sectors can serve our communities more effectively.

We wrote the story below about the Peter McKenzie Project for our recent annual report. This project supports Why Ora through the JR McKenzie Trust and connects us to an amazing group of other organisations working towards positive change in Aotearoa.

Everyone working in an equity focused not for profit organisation knows the drill. Your work is your life, you believe in it so much, you are fully committed to it. It is not a get rich scheme. It is a purpose that drives you – and usually on the smell of an oily rag.

Because there is always so much to do – and right now - to help bring about positive change, somehow you feel like you are personally responsible for it. Not a moment can be wasted.

Sometimes it feels as if the systems you grapple with are impervious. Some days your energy wanes. But you think about all the people you are there for. The rangatahi. The whānau. The reason you are here is to help them flourish. So, you keep going.

The whānau wins inspire. The Māori dentist, doctors, nurses, physiotherapists, health workers, teachers, and everyone studying and working hard to transform health and education in Aotearoa.

So, you keep going and try new things. Eventually you have a lot going on! You get caught up in all the doing. It is not often you get to stop to think more deeply.

Now and then an opportunity comes along that interrupts you. One that generously offers you a hand while quietly asking you questions. What are you doing? How is it going? What are you learning? How might we support you? What might we do better together?

Soon those questions become a ray of light and hope in your mahi. They invite you to stop, to reflect, to share, to tell your story. They connect you to diverse, wonderful people and organisations you feel honoured to work with – people with big hearts, sharp minds, and passion for change.

This is our real-life experience of working with the Peter McKenzie Project (PMP); a collective of initiatives tackling the root causes of child and whānau poverty in Aotearoa New Zealand. We are honoured to be amongst the project Ngā Kaikōkiri along with Tokona Te Raki, The Southern Initiative/ Uptempo, The Workshop, Action Station, Te Ohu Whakawhanaunga, Community Housing Aotearoa, Muaūpoko Tribal Authority and FinCap.

In February 2021 we gathered for 'Mahi Tahī'. Together as one roopu we shared insights and collectively dreamed how we could strengthen this mahi and our impact. It was a special two-days. Thank you to the Peter McKenzie Project and the JR McKenzie Trust Staff and Trustees. We feel very grateful to be learning together in this way. To find out more about PMP visit their website

<https://www.jrmckenzie.org.nz/peter-mckenzie-project>

2021 EMPLOYMENT

| | | |
|-----------------------|---------------------|--------------------------------|
| Amy Dellar | Net P Graduate | Taranaki District Health Board |
| Jana Berquist-Te Awhe | Net P Graduate | Taranaki District Health Board |
| Jennifer Ranford | NESP Graduate | Taranaki District Health Board |
| Renee Graystone | Net P Graduate | Taranaki District Health Board |
| Teri-Leone Manawanui | NESP Graduate | Taranaki District Health Board |
| Tui Poo | NESP Graduate | Taranaki District Health Board |
| Wairoku Ratana | Net P Graduate | Taranaki District Health Board |
| Kayla Hemara-Wahanui | Ngati Ruanui Health | Ngati Ruanui Health |
| Ariana Kereopa | Pharmacist | Taranaki District Health Board |
| Emily Keenan | Social Worker | Oranga Tamariki |
| Emma Hau | Midwife | Northland |
| Michaela Healey | Radiologist | Private Practice - Hamilton |

THANKYOU

Why Ora is incredibly grateful for the grant contributions made by funders to support the Why Ora kaupapa of empowering Māori career and employment aspirations so that our whānau can flourish.

Tertiary Health

75

*Supported into
Employment*

149

TSB
COMMUNITY
TRUST



JR McKenzie
Trust



TARANAKI
District Health Board

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