

Empowering Māori career and employment aspirations so that our whānau can flourish

June 2021 Issue 12



#### Rapuara Hauora

#### - Health career workshops

Our Rapuara Hauora workshops provide rangatahi with engaging opportunities to see and experience meaningful health careers. The workshops highlight career options and include health professionals talking about their special areas of expertise. Earlier this year our first two workshops were held at Taranaki Base Hospital and Hawera High School during March, April and May. It was fantastic to have all Taranaki secondary schools and two Kura Kaupapa Māori attend. A total of 299 rangatahi participated, engaging with health professionals to learn about career opportunities in the professional areas listed below (our next workshops run from late June through to August).

#### What areas did they see?

- Occupational Therapy
- Oral Health
- Rescue Helicopter
- Paramedic
- Radiography
- Cleaning services
- Orderley
- Communications
- Drug and Alcohol
- Nursing Emergency
- Dietician
- Medical Laboratory



The Rapuara Hauora workshops helped give me ideas for work. It was interesting and it helped me think about want I would want to do.

### What's coming up...

#### June:

 Rapuara Hauora Programme -Workshop 3

#### July:

- MASH Whakapiki Ake
- Rapuara Hauora Programme -Workshop 3

#### August:

- Rapuara Hauora Programme -Workshop 4
- Putaiao Expo
- Whānau Hui

The workshops are a great opportunity to learn how you enter health as a Māori person and what careers are available.



#### STRATFORD CAREERS DAY

The Stratford careers day was hosted by the Stratford Mayors Taskforce for Jobs Workforce Programme. The day provided a platform for rangatahi to learn about their potential career options and gave whānau members an opportunity to speak with local businesses, services and training providers. The Why Ora team participated in the day meeting with tauira and registering those who had an interest in a career on health onto the Rapuara Hauora programme.



# Employed - Leiana Maria Michae this quarter Jacinda

Leiana Rona Maria Morehu Michaela Healey Iacinda Shaw

Te Atiawa - Taranaki Te Atiawa - Taranaki Te Atiawa - Taranaki Te Atiawa - Taranaki Tui Ora
Taranaki District Health Board
Taranaki District Health Board
Taranaki District Health Board

# Maria's dream has become her reality

#### I'M AN INFORMATION TECHNOLOGY INTERN

Kia ora my name is Maria and I joined the Why Ora programme in year 12 during my years at Waitara High School. When I first attended Why Ora I didn't particularly have an interest in a health career but I went along anyway to see the opportunities available. I had my heart set on doing something in Information Technology, I enjoyed working with computers and applications, without even realising Information Technology was needed at the Hospital. I continued to attend the Why Ora programme in year 13 but due to personal events it was a difficult year for myself and my whānau. I got a job at New World in Waitara during my last year of High School, I enjoyed it because it was the first time I was making my own money and I felt I contributed to my family.

At the beginning of the year I heard from Why Ora and they told me about the opportunity for an I.T. internship at the Hospital. I thought "why not?" so I applied for the internship. I was excited and nervous for the whole process but I am glad I went through with it as I am now working at the Taranaki District Health Board as an Information Technology intern and I am excited for what the future holds and the new skills I will learn.





## MEET OUR TEAM

#### Tanya Anaha General Manager

Ko Maungarake te Maunga Ko Ruamahanga te awa Ko Takitimu te waka Ko Ngāti Kahungunu ki Wairarapa te iwi Ko Tanya Anaha toku ingoa

I've been with Why Ora 11 years and I was part of establishing it. I started on the board while I was working at Work and Income, then I became the General Manager.

I've been lucky in that I've always had mentors, people I could look up to in my life, and that is one of the reasons why I have such a big drive for this work - I want to give back to rangatahi because of all the opportunities offered to me as a youth. Growing up, we didn't have much money, but life as a rangatahi was good. I came from a family of five – my mum was a solo mother and gave us all we needed to get started.

Despite being told by one teacher at school that I would be lucky to get anywhere - I left school at 16 and started out working in factories, moving from machinery to human resources.

From there I shifted to Wellington and got a job at Work and Income, then a move to Taranaki in 2004 led to a role at Taranaki Work and Income, which led to Why Ora.

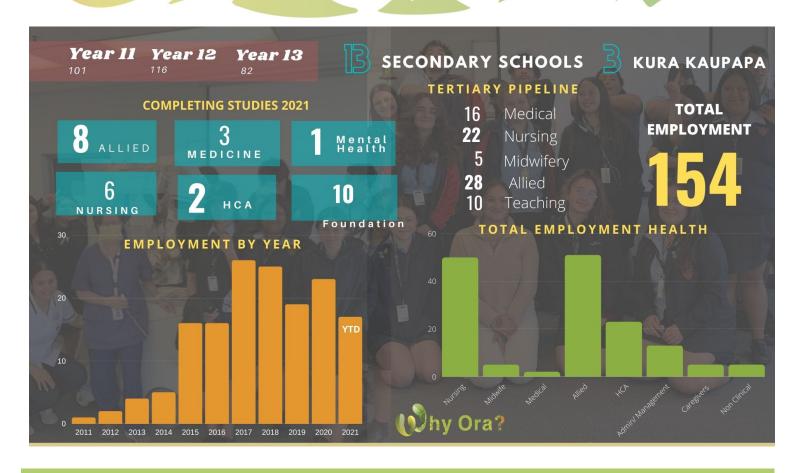
Hard work has helped me get to where I am today – people don't offer you opportunities unless they can see your potential – so taking those opportunities and using them to the maximum is what is important.

After 11 years here I still feel stronger than ever that our rangatahi really need to be offered opportunities and encouragement – not to have their potential taken away from them. My vision for the future is that Māori have access to whatever they want to try, that we are in charge of our own lives and get to choose where we want to be – not streamed or ushered into areas where other people want us to be.

I didn't come from a tertiary pathway and my knowledge is all from work experience – it is only recently I attained a Master of Business Administration majoring in Human Resource Management. I chose to do that because I wanted my children to see you can be whoever you want to be but it takes hard work! What I'm most excited about now is that there is so much potential for collaboration ahead for Why Ora and people are now understanding that manaaki is so critical – that what rangatahi need and want is those working alongside them to genuinely care and guide and support their aspirations. Finally that the false and limiting narratives around Māori are changing, there's a long way to go but it is happening!



Photo: Tanya and the team supporting pink shirt day



#### **THANK YOU**

Why Ora is very grateful for the contributions made by funders to support our kaupapa of empowering Māori career and employment aspirations so that our whānau can flourish.



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