Tūhononga : Manaakitanga : Umanga

Connections | Support | Careers

Empowering Māori career and employment aspirations so that our whānau can flourish

Tēnā koutou katoa,

from our Pouwhakahaere / Chief Executive

Kōhanga (Spring) is here - a time of growth! Growth often comes from embracing challenges and being open to learning new things. Just like our whānau on their rewarding career journeys!

In August we held our Annual Pūtaiao Expo and our Hui Whānau which gave our whānau an opportunity to explore, grow and support the career aspirations of their rangatahi, and the diverse career possibilities in health, education and more. You can read more about Pūtaiao in this issue, including some of our whānau stories as well as hear about some of the exciting school programmes we've run recently!

Since July there has been huge change and growth in the Health sector. Te Whatu Ora - Health New Zealand, is now responsible for improving services and outcomes across the sector, in partnership with Te Aka Whai Ora - Māori Health Authority. Along with education, we will continue to work closely with this sector on a regional level, to grow Māori workforce and leadership.

In July we farewelled our Why Ora Board members Te Oti Katene and Charles Hunt. We are grateful for their contributions and will miss them a great deal! We are pleased to announce that Eileen Hall and Kate Emery have recently joined the our Board. We look forward to working with them in the future as we develop and grow our mahi.



Tanya Anaha - Pou Whakahaere

Noho ora mai, Tanya Anaha - Pou Whakahaere (Chief Executive)

We've launched a new website!

We have launched a brand-new Why Ora website for our whānau to use to explore and grow your career aspirations! It also provides our community with information about who we are and what we do. Find out more in this newsletter



RAPUARA

We have two rapuara programmes, Rapuara Hauora (Health careers) and Rapuara Ako (Education careers). These programmes target secondary Schools students Year 11 - 13 and provide them with an opportunity to see and experience careers in health and education.

During our Rapuara sessions we focused on the following:

- Medicine
- Sports and Exercise
- Nursing

- Kaitakawaenga
- Youth workSpecialist Education
- Covid Vaccinator
- Psychology

E hara taku toa i te toa takitahi, engari he toa takitini My strength is not as an individual, but as a collctive

A big mihi to all of those that came and presented to our tauira, thank you for contributing to their kete of knowledge and encouraging them to aspire with what ever they chose to do.

MASH

Māori Achieving Success in Health (MASH) is a 4 day programme held at Waipapa Marae for Year 12 students who are interested in a career in health, and have exposure to NCEA Level 2 Applied Sciences. Congratulations Bella and Maiaa for being successful in applying and attending the MASH programme for 2022.

> An amazing opportunity where I got to meet lifelong friends and see what my future path may be like as well as seeing other paths that I may not have considered and definitely am now – Bella

I had an amazing experience at MASH. I found it very beneficial to have this opportunity and it has definitely increased my interest to pursue health. I loved how it was not only focused on health but also on tertiary campus and Māoritanga. It was also very easy to connect with other people as we were all the same age, came from (mostly) the same culture and had a common interest in health. I'd also like to thank you again for helping me get into MASH Ngā mihi maioha, Maaia

Photo: (L-R) Isabella Hopkinson, ie Walsh (Kaiarahi) and Maaia Waiwiriri

PŪTAIAO

TO IGNITE AND INSPIRE YEAR 9 AND 10 TAUIRA TO ENGAGE IN SCIENCE

A total of 388 tauira attended our annual Pūtaiao expo held at the Pukekura Function Centre from the 23 - 25 August. The expo is run over three days with students from all secondary schools in Taranaki attending.

We want tauira to experience science in a fun way and to consider science as a future career path. Topics covered included: physics, microbiology, gravity, psychology, neuroscience (optical illusions) and tauira participated in a general science quiz.



We are grateful to those who came on board to support the expo, including Tupu ā nuku covering environmental science, Taranaki ReGenerative Agriculture - sustainable farming practices and the importance of looking after our whēnua and South Taranaki Reef Project - marine conservation. We were also very appreciative of the support from Thom Adams of Venture Taranaki who provided us with resources for the physics and microbiology sessions.



Hui Whānau 2022

Hui Whānau was held on August 22 for the first time in two years. It is always a highlight for Why Ora. The hui provided an opportunity for our whānau to kōrero about their futures and what possibilities are available for them.

Tertiary providers presenting included: WITT, Educare Training and Massey University who gave whānau a chance to ask questions about student life and what to expect. Employers presenting included: Downer Taranaki, Tree Machine Services and Project Mounga, to kōrero about their mahi.

Te Poihi Cambell (Te Atiawa) gave an inspiring kōrero to our year 13 tauira about his career pathway including that of his daughter, a previous Why Ora participant. We had a fantastic evening and we look forward to hosting the next hui whānau.

TŪHONONGA

Tūhononga means to strengthen and bring together. Why Ora works together with many organisations to support our whānau aspirations.

DOWNER NZ TARANAKI - OWN YOUR CAREER VISIT



We took some of our taiohi to the Downer Taranaki Depot for a mahi taster day to hear about the employment opportunities available. It was focused on the Cadetship programmes, "Earn as you learn" programme, employment pathways and the different departments that Downer has to offer.

Our taiohi also had the opportunity to hear from an employee who chose the "Earn as you learn" pathway and is now one of the youngest foremen on the Downer Team. Our taiohi also heard about support services provided by Downer through their Māori leadership programme Te Ara Whanake.

TE MANU TAIKŌ Massey University

Te Manu Taiokō is an opportunity for Māori senior secondary students who are considering University held on Massey university campus in Palmerston North. Our Kaiārahi took along two of our tauira one from Waitara High and one from Inglewood High. Graham our South Taranaki based Kaiārahi went to tautoko Patea Area School who also attended

Nine other schools attended which enabled our tauira to make connections with other students. It was a great experience for our taiohi to be informed, inspired, and get a taste of university life.



Photo: (L-R) Liahna (Kaiārahi), Nina Goble, Mitch (Kaiārahi), Latoytah Rolls, Graham (Kaiārahi)

Taranaki Taiohi Collective Hui

The team attended the Taranaki Taiohi Collective Network Meeting at WITT on the 22 July. The hui gave our Kaiārahi a great opportunity to connect with other organisations around the Taranaki Rohe with a shared vision for our youth.





Tupu ā nuku (Environmental Workforce Development) invited Why Ora and our tauira to Te Upoko O Te Whenua Marae for a Wahine Noho 26 August 2022. During the noho Whaea Pare shared some of the history of the marae and Ngāti Maru, Matua Dave then taught us how to play and personalise our own Kōauau. The following day we made putiputi from Harakeke with the assistance of Whaea Cordelle.

It was a very grounding two days , especially for two of our tauira who were able to reunite with their whānau marae. Tēnā rawa atu ki a koutou katoa!





Why Ora has a new website!

We have launched a brand-new Why Ora website for our whānau to use to explore and grow your career aspirations! It also provides our community with information about who we are and what we do. The site is mainly structured around our three key activities; Tūhononga (Connections), Manaakitanga (Support) and Umanga (Careers).

Tūhononga means strengthening and bringing together. We work with many organisations to support our whānau aspirations and have networks and relationships throughout Taranaki and nationally. Meanwhile Manaakitanga is how we go about supporting our whānau, through our Manaaki Oranga (pastoral care) and other forms of support we provide. These activities are central to our mahi, as we weave together our connections so that our whānau can flourish. Umanga means supporting and nurturing our whānau onto meaningful career journeys! There are a range of careers profiled on the site and we also share some of the diverse stories of our whānau.

We were very excited to work with master photographer Tania Niwa to create the beautiful images for the site. We've had some great feedback already - people are very excited to see what career potential is possible. We are so grateful to everyone who shared journeys with us for the site so far.

These profiles and stories will continue to grow over time. For us this is just the start! We look forward to building on the website to make it a source for inspiration, information and exploration of the meaningful and rewarding careers that are possible in health, education and other areas.

Visit our website at <u>www.whyora.co.nz</u> Let us know what you think!





Photo: Website snapsho



Helping rangatahi to flourish in their chosen field

- RORY MAXWELL Tēnā koutou katoa

Ko Taranaki te Mounga Ko Urenui te Awa Ko tokumaru te Waka Ko Ngāti Mutunga te Iwi Ko Kaitanga te Hapū Ko Rory Maxwell tōku Ingo

Role: Why Ora Kaiārahi

From an early age Rory knew he wanted to help people. "Growing up I looked after my autistic brother when my parents weren't there, so I had a strong sense of responsibility."

Sports was also a big thing. Basketball, football, waka ama, cricket, table tennis - Rory loved the sense of competition and what the human body could do and imagined his future career might be sport orientated.

After attending a Rapuara Workshop at Francis Douglas Memorial College in Year 11, Rory registered with Why Ora. "It took a while for the information to sink in," says Rory, "then I understood what it was all about and all the opportunities it provided!" Mitch (Michelle Martin) became Rory's Kaiarahi, offering regular manaaki (support). "At that stage I had no clue what career to go for, but

Why Ora helped me to think about it."

At High School Rory wasn't able to take Te Reo Māori, but he did everything he could do to identify as Māori. "I did waka ama and attended secondary school waka ama nationals. I met people there through whanaungatanga who spoke Te Reo and I wanted to learn too. My Dad is from Ngāti Mutunga. I wanted to find out about my whakapapa, so was advised to visit Tu Tama Wahine in New Plymouth. They helped me to learn about my heritage."

In Year 12 Rory was injury prone and slowed down with sport. He focused more on schoolwork and started to explore his options. "I looked at physiotherapy. I also saw a lot of nurses and thought about emergency department nursing.



Also, an uncle of a friend of mine through waka ama was a nurse and he encouraged me to see myself in the role."

In Y13 Rory gained the role of House Leader of 200 students. The leadership experience led him to think about health management. He also took part in the Why Ora Mātaki Shadowing programme where students spend a day observing a health professional at work. "I was with a nurse in the emergency department and a psychologist in the ICU department at Base Hospital. That is when I decided to do Health Psychology."

Around this time Rory's great Nan passed away. At her funeral he caught up with two cousins who were completing their Phd degrees in psychiatry at Victoria University of Wellington. "It's very cool at university!" they said, so that really encouraged me to do tertiary study, I just needed to work out what pathway to take."

When Rory attended an open day at Victoria with family and friends, his cousins showed him around the campus. He decided to enrol in health psychology.

Keen to participate in sports and have a social life, as well as study, with Mitch's help he gained a residency at Vic House. "The Resident Advisor there was Tongan and used her background to awhi us. She was fun, active, supportive and caring – it was a big eye opener to me about culture."

Rory wanted to learn Te Reo at university too but couldn't due to his course load. However, his awareness around Māori and equity grew while there. "Te Tiriti is a big part of learning in health and I learnt about inequalities and realised there was a big need that I could focus on."

While at Uni Rory's Whaea asked him if he was interested in working with young people and hosting groups of visiting college students. He said yes, and really enjoyed the experience.

In Rory's second and final year Covid-19 hit. Learning via Zoom was difficult - but he got through. When he got back to Taranaki, he was looking for his future dream job and working at Burger King. "I've worked there since I was a teen. It's a very good way to get people skills." Rory soon heard about a role at Why Ora and attended an interview. "It was only my second one ever! But they felt like such a

supportive whanau - they not only asked me what I could bring to the role but also what Why Ora can do for me."

Fortunately Rory was offered a position in the Kaiārahi Team. He is now the Kaiārahi for students at New Plymouth Boys High School, Francis Douglas Memorial College and Spotswood college, helping rangatahi to successfully navigate meaningful career paths.

"So far, I feel like all the decisions I have made have been my choice and have been made with great intent, to not only benefit myself and my career aspirations, but to hopefully allow taiohi to flourish in their chosen field."

MAHI OPPORTUNITIES

Te Whatu Ora - Taranaki Information Technology Māori Internship

Te Whatu Ora - Taranaki

Olivia Ratana - email olivia@whyora.co.nz

THANK YOU



MINISTRY OF SOCIAL DEVELOPMENT







Tanya Anaha Pouwhakahaere -**Chief Executive** tanya@whyora.co.nz

Liahna Smith Kaiārahi liahna@whyora.co.nz

Trent Hohaia Kaiārahi trent@whyora.co.nz **Michelle Martin** Kaiārahi mitch@whyora.co.nz

Karena Ngarewa-Cribb Kaiārahi karena@whyora.co.nz

Rory Maxwell Kaiārahi rory@whyora.co.nz

Danae Etches Contractor danae@whyora.co.nz

Katie Walsh Kaiārahi katie@whyora.co.nz

Graham Jones Kaiārahi graham@whyora.co.nz Sherrie Flanagan Pouarataki -**Operations Manager** sherrie@whyora.co.nz

Olivia Ratana-Walkinton Poutaiwhanga -**Office Manager** 021 817 259 olivia@whyora.co.nz