

Empowering Māori to reach their full potential

July 2020

Issue 8



WhyOra focuses on increasing the Māori health and disability workforce. Our newsletter highlights the success of those on a health career pathway.

WHYORA PROGRAMME - online delivery

Due to Covid-19 restrictions we were not able to run our secondary school workshops which brings rangatahi into the hospital with health professionals sharing their career and their health journey at the Taranaki District Health Board as we normally would have in April, May and June.

As a result of the covid-19 disruption the team formulated a different plan for our year 11-13 rangatahi, showcasing health career pathways online using videos of health professionals and highlighting the below health careers on Facebook, Instagram and the WhyOra website.

- Bachelor of Medicine
- Registered Nurse
- Midwife
- Paramedic
- Oral Health Therapist
- Occupational Therapist

“
this maybe a sign to
become a midwife
- WhyOra student ”

What's coming up...

July:

- MASH - Whakapiki Ake

August:

- Rapuara Hauora Programme - An Introduction to Health careers for registered year 11-13 Rangatahi

With Guest speaker Paul Rangiwhahia – Mental warrant of fitness and a range of Health careers profiled

“
WhyOra workshops in
leu of actual
workshops have been
excellent especially
considering ”
the circumstances!
- school coordinator

TERTIARY *students*

Our taira have had a challenging first semester for 2020, starting the year off with classroom learning or clinical placement to online learning via zoom. We are extremely proud of the dedication our rangatahi have shown, times have been tough but they have continued to push through with their tertiary studies.

The team also checked in with our 1st year students and this is how some of them kept themselves occupied during lockdown.

Xavier Kererako

*Otago University -
First year health science*

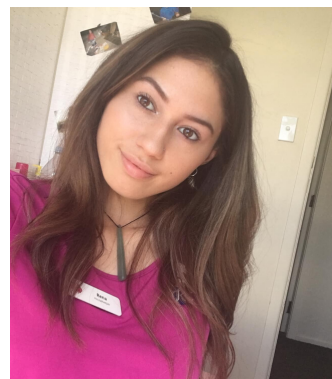
- studying
- eating snacks
- hanging with friends
- tik toks



Te-Rena Hawe

*Western Institute of
Technology - Bachelor of
Nursing*

- spending time with
whanau
- exercising
- tik toks



Savannah Hislop

*Western Institute of
Technology- Bachelor of
Nursing*

- studying
- visiting the beach
- yoga
- video games



Riley Davison

*Victoria University -
Tohu Māoritanga*

- cooking for
whanau
- painting
- playing guitar



EMPLOYMENT

Te Waikapoata Tamati
Oceana - Breeze Kaponga
Jacinda Shaw
Samantha Reynolds
Jody Timu
O'Jay Bailey

Dentist
Pharmacy Technician
Activity co-ordinator
Support worker
Caregiver
Caregiver



Photo: Oceana - Breeze

THOMSON

... from cadet to full time employment



I started 2020 with a new cadetship and new opportunities thanks to WhyOra. I am currently working at Tui Ora Ltd as the Whanau Ora Service Delivery Administration and loving it!! My main tasks are manning the Mental Health & Addictions reception along with Corporate Reception, processing referrals and all general admin work.

Tui Ora have helped with further study opportunities as well, allowing me to partake in a Certificate in Whanau Ora Level 3. During lockdown work was a bit unusual for me as it was for everyone, I was in the office and onsite 4

days a week, I also volunteered to help create and distribute hygiene packs, delivering them to whanau all around Taranaki. I was also given the task to increase our Social Media presence during the COVID-19 lockdown which I really enjoyed doing as it was similar to the work I did at WhyOra and was very rewarding as our presence was being noticed all around New Zealand.

My journey at Tui Ora has been fulfilling and exciting as every day there is a different job for me to do and I am able to expand my skill set more and more, opening further opportunities. After the lockdown period my cadetship was upgraded to a full-time job! I was thrilled to learn of this news and am pumped to see where my future goes.

My "new" job will consist of similar things I was doing in my cadetship, such as Mental Health & Addictions Reception/Administration, and Corporate reception, however, I have new responsibilities now, working alongside our Senior Communications Advisor – aiding her with all Communications internally and externally. I am extremely thankful to WhyOra who helped me with this opportunity and preparing me for full-time mahi.

Nga Mihi,
Thomson Matuku.

HOW DID COVID-19 IMPACT YOUR MAHI?



Jordan Wearne
Oral Health Therapist

"Lockdown was really hard for us in Community Oral Health. Although we were still open during all the COVID-19 levels, we were extremely restricted in who we could see and what we could provide, basically we could only treat children who were in severe pain or had an infection. The thought that there were children, with toothaches around Taranaki, in the middle of a pandemic was awful and we were all pleased to be able to still be there for our community and help."



Nadia Regan
Registered Nurse

"We were very fortunate in Taranaki to not have an outbreak amongst our aged care facilities, however, the pressure was intense at times, needing to maintain a safe and calm environment for residents, with staff often needing to work 12hr shifts to cover other staff. Residents were so isolated from outside contact, with sometimes decreased understanding of why, this led to an increase in outbursts of agitation, frustration, fear & loneliness but it was a privilege to be able to keep them safe and care for them during what was at times, a terrifying situation."



Te Haupai Korewha
Health Promoter

"I was re-deployed to help boost our social media presence! Working alongside a great team to get organisation wide messages out to our Taranaki communities. These messages included our Flu clinics, Covid-19 testing as well as a lot of wellbeing posts!! A lot of time was spent online and on the computer but I was also able to build relationships further with people outside of my department."

Tertiary Health

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Supported into Employment

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TSB
COMMUNITY
TRUST



JR McKenzie
Trust



TARANAKI
District Health Board

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